

St Mary's PS Killesher PDMU and RSE Overview			
CCEA Living, Learning Together			Flourish Programme
Class	Strands Strand 1: Personal Understanding and Health	Units	Lessons <i>All lessons in green font will be delivered in school by the class teacher.</i>
P1	S1	1 There's no one Quite Like Me. 2 Sometimes I Feel 3 Taking Care of Me.	I Am Me My Body
	S2	4 Belonging and co-operating. 5 Caring and Sharing 6 You and Me 7 Living Together	I have Family I Have Friends
P2	S1	1 Wonderful Me 2 How Do I Feel? 3 Keeping healthy, Staying Safe	Growing and Changing Staying Safe
	S2	4 Getting Along With Others 5 I am Learning to... 6 Grace and Tracey 7 Where I Live	My Family I Can Make Choices
P3	S1	1 Getting To Know Me 2 Feeling Good, Feeling Sad 3 Take Care, Be Safe	I am Unique My Body My Family Loves Me
	S2	4 Families 5 Why Should I? 6 Living With Difference 7 I Belong	My Neighbourhood
P4	S1	1 The Real Me 2 Difficult Feelings 3 Growing Means Changing	The Wonder Of New Life We Have Feelings
	S2	4 Friendships 5 Money Matters 6 I am.. You are... We can 7 Who Influences Me?	Friendship and Fairness Decisions and Consequences
P5	S1	1 Myself and My Attributes 2 I Have Feelings 3 Stay Safe and Healthy	Growing and Changing Why Have Rules?
	S2	4 Ups and Downs 5 Valuing Self and Others 6 Learning More about Others 7 Making Good Choices	Positive Role Models Making The Right Choice
P6	S1	1 Who Am I? 2 Dealing With Feelings 3 Healthy Habits	Feelings Bullying Puberty
	S2	4 Working At Harmony 5 Speaking Up For Me 6 Check It Out First 7 Decisions, Decisions	Environmental Care
P7	S1	1 What Makes Me, Me? 2 Thinking and Feeling 3 Fit for The Future	Puberty Emotions and Relationships Love
	S2	4 Moving On 5 Says Who? 6 Who Cares? 7 New Horizons	Safe Internet Body Changes Caring For New Life Where Babies Come From It's Ok To Say 'No'

External Agencies: Love for Life in Term 3 for P7 children (This will cover areas not covered by class teacher). NSPCC 'Lets Talk PANTS' for P1/P2 in Term 3.