

EAT SMART WITH

THE LUNCH BUNCH



WEEKS SERVED

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

19 February 18 March 15 April 13 May 10 June 2 September 30 September	Golden Crumbed Fish Fingers -Or- Freshly Baked Ham & Cheese Panini Baked Beans & Garden Peas Chipped / Baked Potato Homemade Flakemeal Biscuit	Beef Ragu Italia -Or- Homemade Margherita Pizza Sweetcorn / Diced Carrots / Coleslaw Oven Roasted Potato / Wedges / Rice / Salad Mandarin Orange Sponge & Custard	Chicken Curry & Naan Bread -Or- Baked Pork Sausages & Gravy Garden Peas / Bacon Carrots Boiled Rice / Mashed Potato Arctic Roll and Peaches	Roast of the Day, Stuffing & Gravy -Or- Quorn Dippers Fresh Vegetables in Season Mashed / Oven Roast Potato Homemade Brownie & Orange Wedges	Chicken Goujons & Sweet Chili -Or- Roast Mediterranean Vegeta Pasta Bake Spaghetti Hoops / Corn on the C Chipped / Baby New Potatoes Fruit Muffin & Apple / Orange Jui
26 February 25 March 22 April 20 May 17 June 9 September	Golden Crumbed Fish Fingers -Or- Creamy Chicken & Broccoli Pasta with Garlic Bread Sweetcorn & Roasted Peppers Chipped / Baked Potato / Coleslaw Ice-Cream, Pears & Chocolate Sauce	Homemade Cottage Pie -Or- Homemade Margherita Pizza Spring Greens / Butternut Squash Oven Baked Potato Wedges / Baked Potato Summer Fruit Cheesecake	Chicken Curry & Naan Bread -Or- BBQ Pulled Pork Pizza Wrap Sweetcorn / Bacon Carrots Boiled Rice / Oven Roasted Garlic & Paprika Wedges Jaffa Cake Pots	Roast of the Day, Stuffing & Gravy -Or- Chicken & Pepper Fajita Fresh Vegetables in Season Mashed Potato / Oven Roast Potato Golden Krispie Square	School "Chippy Day" Chicken Fish Goujons / Sausages -Or- Baked Potato with Tuna & Sweetcorn / Salad Beans / Mushy Peas Chipped / Baby New Potatoes Frozen Fruit Yoghurt
4 March 1 April 29 April 27 May 24 June 16 September	Baked Pork Sausages & Gravy -Or- Jerk Chicken & Caribbean Rice with Flatbread Baked Beans / Garden Peas Chipped / Baked Potato Ice-Cream & Two Fruits	Chicken Curry & Naan Bread -Or- BBQ Pulled Pork Pizza Wrap Sweetcorn / Bacon Carrots Boiled Rice / Oven Roasted Garlic & Paprika Wedges Jaffa Cake Pots	Breaded Fish & Lemon Mayo -Or- Beef Lasagne, Garlic Bread & Coleslaw Garden Peas / Diced Carrots Mashed / Baby Potato Fruit Sponge & Custard	Roast of the Day, Stuffing & Gravy -Or- Roast Butternut Squash, Penne Pasta and Tomato & Pesto Sauce Fresh Vegetables in Season Mashed Potato / Oven Roast Potato Fresh Fruit Salad & Yoghurt	Beef Burger / Bean Burger In Bap with Onions -Or- Salt & Chill Chicken Corn on the Cob / Pasta Salad Chipped Potato / Steamed Rice Lemon Shortbread & Melon Wed
11 March 8 April 6 May 3 June 26 August 23 September	Beef Bolognaise -Or- Chicken Goujon Wrap with choice of dip Sweetcorn / Broccoli Pasta Spirals / Mashed Potato Chocolate & Orange Cookie	Breaded Fish & Lemon Mayo -Or- Homemade Margherita Pizza Mushy or Garden Peas / Baked Beans Chipped Potato / Baked Potato Raspberry Jelly & Two Fruits	Chicken Curry & Naan Bread -Or- Chinese-style Beef & Vegetables Diced Carrots & Green Beans Noodles / Rice Fruit Sponge & Custard	Roast of the Day, Stuffing & Gravy -Or- Salmon & Creamy Tomato Pasta Fresh Vegetables in Season Mashed Potato / Oven Roast Potato Pineapple Delight	Hot Dog / Veggie Dog with Tomato Ketchup -Or- Chicken & Summer Veg Pie Spaghetti Hoops / Corn on the C Chipped / Mashed Potatoes Ice-Cream & Mandarin Oranges